



Native American Indian Center



November

NEWSLETTER

2021

Stockton History



Our NAIC Vision is to create a community of students, educators, families and Native Community leaders that come together to prepare our Native students to lead our urban native communities and beyond while preserving their unique sovereign cultural identities.

Our NAIC Mission is to promote cultural awareness and acceptance by supporting the continuous use of traditional knowledge and language, to build a community that fosters long lasting relationships, and to prepare students with the knowledge skills and behaviors needed to be successful on their journey to college and career.

SUSD Native American Indian Center NAIC

Edison High School

100 W. Dr. Martin Luther King Jr. Blvd
Portable 105, Stockton, CA 95206
(209) 933-7425, Ext. 8069

Hours: 8:00 a.m.-2:30 p.m.

Website: [Native American Indian Center](#)

Facebook: [@StocktonNativeCenter](#)





Student Spotlight



Andres Aguilar - 11th grade Edison High School

Football Player

Goals - Neuroscience Dr.

Andres is from the Yaqui Tribe. He is an 11th grader at Edison Highschool. He plays Varsity Football and his position is Defensive Tackle and Defensive End. He was a freshman when he made his first sack. He takes pride in his Native Culture by participating in the blessings that he does with his dad and healing family members that are sick. He has also participated in sweat ceremonies since he was a child. He has earned a 3.5 GPA throughout high school. He explained that he would like to attend UC Davis to obtain his bachelor's degree and then transfer to UC San Francisco to get the cutting edge technology in neurology for Medical School. He has always wanted to be a Neurosurgeon and has always loved helping people since he was a child. His motivation to become a Neurosurgeon comes from the fact that most of his family members have been in the military and suffered both mentally and physically. He aspires to heal them and others one day.



POWWOW Culture Class

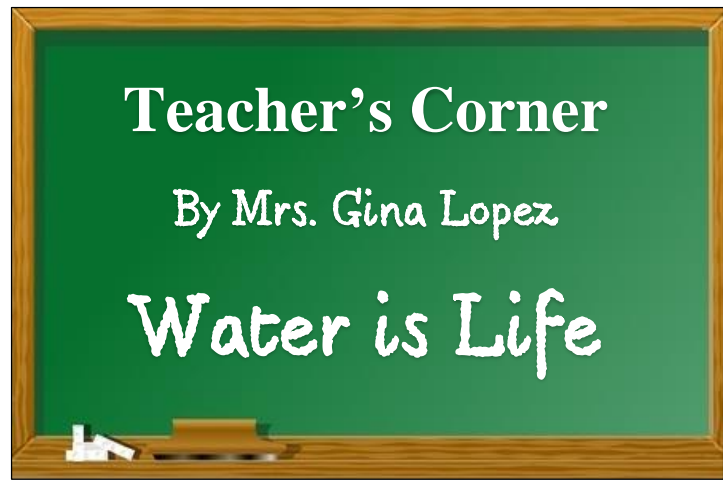
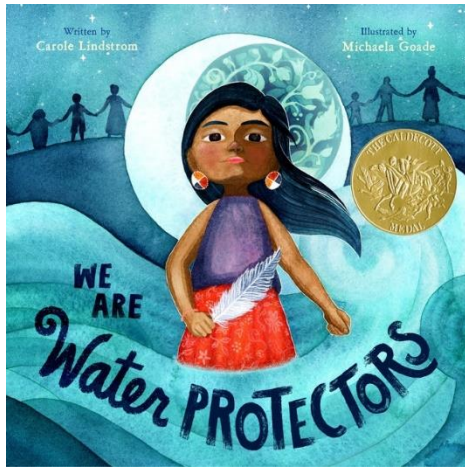
We had an amazing powwow culture class. Thank you to our guests Powwow Princess Delylah and Chairwoman Chris Garrison for attending and presenting. Our students were able to see videos of dancers, learn about the jingle dress, and the history of the powwow.

Guest Chris R. - Chair Woman
 Pow wow Princess - Delyla
 Powwow Committee - Chris Garrison - Chair
 Woman of the Powwow - Organizes the event

They recruit, hire the head staff, publicize the powwow, secure the location, and recruit vendors that sell Native American Authentic merchandise and food.

Powwow Princess - Duties





Activity - Read Sabrina's Book pick, use the questions below to discuss environmental concerns in their community and engage students in discussions about how they can help fight for water rights. This book is "inspired by Indigenous led movements across North America" to protect the life sustaining resource of water. The connection of ancestral knowledge and human connection to water. <https://images.macmillan.com/folio-assets/activity-guides/9781250203557AG.pdf>

DISCUSSION QUESTIONS AND TOPICS

1. How is water important to you and your daily life? Brainstorm all the ways we use water every day. Talk about where your water comes from. Come up with ideas to protect and save your water.
2. Look at the last two pages of the book, featuring many indigenous people. Learn about the indigenous people who live near you today and the people who lived in your place long ago.
3. What is the black snake that is poisoning the water, plants, animals, and land? Discuss environmental concerns in your community and what you can do to be better stewards for the Earth.
4. In the book, a young girl talks about fighting for those who cannot fight for themselves—the animals, plants, trees, rivers, and lakes. How can you fight for them? What resources exist in your community that help aid those that cannot fight for themselves?
5. "The four-legged, the two-legged, the plants, trees, rivers, lakes, the Earth. We are all related." Discuss the ways in which the Earth and all its creatures are related.

TIPS AND TRICKS FOR COMMUNITY ENGAGEMENT

Use these tips and tricks to learn about community and the ways you can be an active participant.

HOW TO IDENTIFY ACTIVISM

- ◇ Identify local activities that impact you directly and discuss how diverse voices are being reflected.
- ◇ Invite community members to visit your group and talk about their efforts to promote change.

HOW TO SHOWCASE YOUR VOICE

- ◇ Identify young people currently taking action to make a change.
- ◇ Highlight how kids and grown-ups can take action.

WAYS TO ENCOURAGE THOSE AROUND YOU TO TAKE ACTION

- ◇ Empower kids and grown-ups to learn about voting and taking action.
- ◇ Talk with kids about environmental that are issues important to them and then volunteer together.

MRS. SABRINA'S BOOK PICK

Book: We Are Water Protectors
Author: Carole Lindstrom
Illustrator: Michaela Goade
Reading Age: 3-6yrs
Grade Level: Preschool-1
Winner of the 2021 Caldecott Medal



We Are Water Protectors

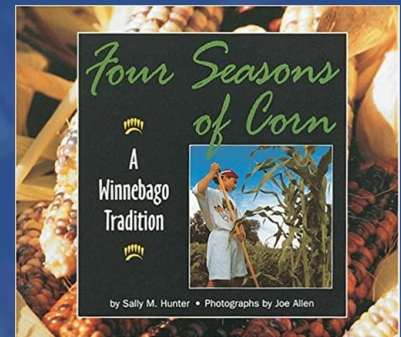
Inspired by many Indigenous advocate movements across North America.

We Are Water Protectors protest an urgent Native Voice to defend the Earth's water from harm and corruption. In the story, Grandmother begins with explaining that water is nourishing and water is sacred. She also states that water is the first medicine and has a spirit. Grandmother explains water comes from mother earth and the prophecy tells of a black snake that will destroy the land, poisoning the water and killing plants and animals. One young water protector takes a stand to defend Earth's most sacred resource.

First Nations Indigenous recognize the sacredness of our water. The interconnectedness of all life and the importance of protecting our water from pollution, drought and waste. "Water is the first medicine that affects and connects us all."

Book: Four Seasons of Corn- Winnebago Tradition
(We Are Still Here)

Author: Sally M. Hunter
Illustrator: Joe Allen
Reading Age: 9-12
Grade Level: 3-4



Four Seasons of Corn

A twelve-year old boy learns to dry and grow corn from his Winnebago grandfather. The boy and his family raise their corn on a friend's farm some distance south, where they all participate in the cycle of growing and experience the gift of nature supporting our traditions. The author describes these customs as they are seen through the eyes of the participants and discusses how Native American people maintain their cultural identities in society. There is an overview of the importance of and tradition concerning corn to the Native people including the seasonal cycle of the harvest and returning to Native Roots. "Corn is the gift of the spirits and the world"

Legend of the Corn- An old and honored chief went alone to the top of a High Mountain to meet the Great spirit that the red man were tired of the roots and herbs which, with the fruits that grew on the trees and the bushes made up their food and he asked the Father to send them some of the food used in the Happy Hunting Grounds.

Creation Story-

Corn was a gift from the gods. First they formed man from an ear of corn and then the gods provided this sacred crop as food for mankind. It was from this beginning that all the earth was populated.

Ms. Destiny's Kitchen

Hidatsa Stuffed Sugar Pumpkin

Contrary to popular belief the Native American people were not big meat eaters. They lived on a mostly plant based diet. Agricultural was their way of life, meat was a supplement to their fruit and vegetable diet not the other way around. So it is no surprise that they have some of the tastiest dishes. The Hidatsa are part of the Three Affiliated Tribes with the Mandan and the Arikara Nation that lived along the Missouri River. The Hidatsa grew corn, tobacco, beans, squash, sunflowers, and pumpkins. This recipe includes buffalo which can be easily left out to create a tasty vegetarian dish. To give it a little more flavor try cooking the rice in a vegetable broth.

Ingredients

- 1 sugar pumpkin, 4 to 5 pounds
- 2 teaspoons salt
- 1/2 teaspoon dry mustard
- 2 Tablespoons rendered fat
- 1 Pound ground buffalo, venison or beef
- 1 medium onion, chopped
- 1 Cup cooked wild rice
- 3 eggs, beaten
- 1 teaspoon crushed, dried sage
- 1/4 teaspoon pepper



Directions

- 1) Preheat oven to 350 degrees F.
- 2) Cut the top off the pumpkin and remove strings and seeds. Reserve seeds for another use.
- 3) Prick the cavity with a fork and rub with 1 teaspoon salt and the mustard.
- 4) Heat fat in a large skillet, add meat and onion and saute over medium-high heat until browned. Off the heat, stir in wild rice, eggs, remaining salt, sage and pepper.
- 5) Stuff pumpkin with the meat mixture. Place 1/2" water in the bottom of a shallow baking pan.
- 6) Put pumpkin in the pan and bake for 1 1/2 hours, or until tender. Add more water to the pan as necessary to avoid sticking.
- 7) To serve, cut pumpkin into wedges, giving each person pumpkin and stuffing.

